



Coronavirus (COVID-19)

INFORMATION SHEET PRIOR TO APPOINTMENT – Home Visits.

Although the Scottish Government has indicated that lockdown measures are changing, this does not mean we will be working as 'normal'

We at Positive Steps Physiotherapy must consider the safe management of patients, the public and ourselves.

If, after reading this information sheet, you would prefer not to proceed with the appointment, we do offer a virtual consultation service. If you would like more information about this service then, please let us know.

If you or any of your household show any symptoms of covid 19 prior to your appointment, please cancel your appointment and follow government advice.

This information sheet is to advise you of what to consider and what to expect. Once you have read this information, please sign the Covid Consent form that you have received electronically with your initial appointment information.

- If we feel that a home visit is the best option for you at the moment, consider where in your home is best for this appointment..
- Consider what entrance you would want me to use, to minimise any contact in the house.
- If possible, please wear a face covering and use alcohol gel/ wash hands prior to appointment.

When I arrive at your home;

- On arrival, I will don the appropriate protective equipment.
- When I approach you, I will be wearing a mask and / or visor, gloves and apron.
- If you develop any symptoms in the 7 days after your appointment, you must inform me immediately.



Your appointment;

- Throughout your appointment, the physiotherapist will be wearing appropriate PPE at appropriate times in accordance with the strict guidelines from the government and our professional bodies.
- If it is necessary for the physiotherapist to physically examine or treat you with 'hands on', they will wear gloves and a mask and ask you to wear your face covering or mask.
- Please pay by card if possible, or if you prefer you can have an invoice emailed to you and you can pay by BACS.

If at any point you have any concerns you must bring this to my attention.

Things that happen but you won't see;

- I will wipe all surfaces/ equipment in between patients
- I will wash all my uniforms each day
- I will continually monitor the advice from the government and implement any changes.
- I will be taking regular lateral flow tests.